

Head of Department: Mr M. Buckley

At Barclay Academy, we understand the importance of being physically active, both for a student's physical health as well as for their social and mental wellbeing. We want to promote lifelong participation in, and enjoyment of, physical activity, and we therefore believe in the power of a positive approach to physical education, where all students feel included and accepted, regardless of their gender or natural ability. We strive to help students find a sport that works for them, and are dedicated to the provision of a varied and enjoyable PE programme, in which all students take part. Outside of lesson time, we also host a variety of enjoyable and exciting extracurricular clubs, competitions and events, and we have a wonderful selection of high-quality equipment and facilities.

KS3

All students in Years 7, 8 and 9 participate in a minimum of 100 minutes of PE each week. At Key Stage 3, the structure of the PE programme is designed to promote students' theoretical understanding of sports and their benefits, as well as their practical development. Students learn a wide variety of sports and exercise throughout their years, cumulatively developing the skills, tactics and knowledge learnt in previous years. They both participate actively within, and learn the techniques and game application underpinning, a variety of sports, such as football, cricket and tennis. Moreover, they begin to explore the theory behind physical education, studying the body systems, components of fitness, and contemporary issues within the sports industry.

KS4

At Barclay Academy, we offer Key Stage 4 students the option of studying for either a GCSE in PE (for which we follow the Pearson specification), or for the Cambridge National Award. Both courses incorporate theoretical knowledge and practical application, and students will be examined through a combination of coursework, examinations and practical skills. They will develop their theoretical knowledge of sport, theories and physiology in the classroom, and work upon their practical ability within the core weekly PE lessons studied by all students.

KS5

For students wishing to pursue further their studies in PE and sport science, we offer the Extended Certificate in Sport BTEC, a rigorous vocational course that is equivalent to one A-Level. The course offers students the opportunity to explore wider themes relating to the sports and fitness industries, and topics studied might include anatomy and physiology, fitness and wellbeing, sport and business, and sports leadership.