

## Physical Education information

The following sporting events / competitions have taken place in the last few weeks:

### 1. Swimming

A number of our students took part in the District Swimming Gala just before half term:

Year 7: Emma, Georgia, Sian, Jack, Harry, Luke.

Year 8: Ellie, Harry.

Year 9: Rebecca.

Year 11: Daniel, Sean, Liam, Maxine.

Top 3 positions:

Name	Position	Time	Stroke
Jack	3 <sup>rd</sup>	42.84	Backstroke
Luke	1 <sup>st</sup>	16.95 (PB)	Butterfly
Georgia	1 <sup>st</sup> =	32.91 (PB)	Freestyle
Junior Boys	3 <sup>rd</sup>	82.78	Medley relay
Sean	3 <sup>rd</sup>	14.19	Butterfly
Junior Girls	Year 7 & 8 = 3 <sup>rd</sup> Overall		
Junior boys	Year 7 & 8 = 4 <sup>th</sup> Overall		

Luke, Georgia and Sean were selected to represent the District in the County gala. Georgia is now 4<sup>th</sup> in the County at 50m freestyle and has qualified for the Regionals. Emma was awarded 'Swimmer of the Month' award at her club last month.

### 2. Cross Country

Georgia (Yr 7) and Lewis (yr 10) ran in the County Cross-Country championships last month in St. Albans. They both ran very well. Lewis came 11<sup>th</sup> which is an excellent achievement. He has been selected as a reserve to run in the English School Championships in Liverpool.

### 3. Hockey

Eight year 7 & 8 girls participated in a 7 a-side hockey tournament recently. They played extremely well. We were the only representatives from Stevenage. The girls narrowly lost to HGS and St. Francis 'A', drew against Knights Templar and beat St. Francis 'B'.

### 4. Indoor athletics

Fourteen year 7 students took part in an indoor athletics competition at Barnwell. They took part in both track and field events. It was a very exciting event. The team came 3<sup>rd</sup> overall, which is an excellent result. The team was: Georgia, Katie, Katie S, Jodie, Charlie, Skye, Lily, Niki, Grace, Amy, Tom, Daniel, Paddy and David.

### 5. Gifted and talented netball

A number of girls took part in a G & T netball session on Wednesday 5<sup>th</sup> March. Our partnership coach, and coach at Storm netball club, Julia spent the morning coaching our netball players. It was an excellent morning and the girls really gained a lot from it. Julia will be coming in to coach the girls every Monday from 3.00 - 4.30 after the Easter holidays.